

R.O.A.R. @ Home

Strategies to build respect at home with your child



In this activity there is an acronym – ROAR – that we have been using to help develop and practice strategies that lead to respectful relationships.

Sit down as a family, have a conversation, and come up with a few strategies under each heading below to help your family foster respect for each other at home.

RESPECT yourself and others _____

OWN your behaviours and actions _____

ACCEPT others' perspectives and experiences _____

RESOLVE conflict _____

