



STAND UP FOR RESPECT

Program Overview



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WHAT IS STAND UP FOR RESPECT?

Stand Up for Respect is a whole of school bullying prevention pilot program for primary school students in Grades 5 and 6. Developed in partnership with Social Marketing @ Griffith University, the program is evidence-based, and has a long-term goal of reducing domestic violence in Queensland by empowering children early in life to advocate for respectful relationships for themselves and others.

Working with our Life Ed Queensland Senior Educators and Learning and Development Coordinator, Stand Up for Respect gives schools a unique opportunity to enhance their own bullying prevention efforts and to make a difference in the lives of children at their school and beyond. Schools are supported to implement a variety of initiatives that help students recognise and respond to bullying situations of all kinds, whether physical, verbal, social or online.

HOW WILL YOUR SCHOOL STAND UP FOR RESPECT?

All schools participating in Stand Up for Respect must commit to these 4 core interventions:

1. Two Stand Up for Respect classroom sessions, delivered by a Life Ed Queensland Senior Educator.
2. Two classroom lessons led by the classroom teacher, using resources provided by Life Ed.
3. Implement a selection of Stand Up for Respect school community activities building on the school's existing efforts to prevent bullying.
4. Distribute provided media resources to parents and teachers, including school newsletter articles and social media posts.

1 IN 5

children have been bullied online

ONE THIRD

of Queensland children experience bullying

85%

of bullying incidents are witnessed by other children

*Bullying No Way

*The State of Queensland (Queensland Family and Child Commission), Growing Up in Queensland 2023 (2023)

STAND UP FOR RESPECT PROGRAM INITIATIVES



STAND UP FOR RESPECT MODULES

Two memorable and fun learning experiences delivered by Life Ed that empower students to understand what bullying behaviours are, and to practise standing up for themselves and others in bullying situations.

TEACHER-LED LESSONS

With easy-to-use resources provided by Life Ed, the classroom teacher leads two lessons, giving students the tools to recognise bullying behaviours and to act if they see or experience bullying.



SCHOOL COMMUNITY ACTIVITIES

Parents and school staff play an important role in bullying prevention, as does keeping kids positively occupied on the playground.

Supported by Life Ed's Learning and Development Coordinator, the school adopts a selection of activities to complement existing bullying prevention efforts, including:

Playground strategies:

- A Life Ed Playground club with fun activities for students to do, including games and arts and crafts.
- Stand Up for Respect high-visibility vests for teachers.



Interactive workshops for parents and school staff:

- A Life Ed parent seminar/webinar, helping parents feel more confident to talk about bullying with their kids.
- Bullying prevention training for classroom teachers, delivered through our partnership with MATE.
- Stand Up for Respect network meetings for all school staff, featuring expert speakers on bullying prevention and creating a support network across schools.



MEDIA RESOURCES

Schools are provided with a selection of Stand up for Respect newsletter and social media templates, sharing information and strategies to reinforce bullying prevention efforts within the school community.



STAND UP FOR RESPECT CHECKLIST

Using the following checklist, participating schools will meet with Life Ed's Learning and Development Coordinator to identify activities within the Stand Up for Respect program that enhance the school's existing bullying prevention initiatives.

- All classes receive two Stand Up for Respect sessions delivered by Life Ed Queensland
- All classroom teachers deliver two bullying prevention lessons
- All classes display one or more posters: What is Bullying, Types of Bullying, We Don't Bully Here or How to Be an Upstander
- All classroom teachers collect an Upstander Pledge, signed by each student and their parent or guardian
- All classroom teachers attend MATE bystander training
- Nominated school staff attend a Stand Up for Respect network meeting
- The school has a Life Ed Playground Club 1 – 2 times each week
- All classroom teachers wear Stand Up for Respect high-vis vests on playground patrols
- The school informs parents about the opportunity to attend a Stand Up for Respect Parenting Seminar or a Webinar for parents who can't attend face-to-face
- The school provides bullying prevention information to families through school newsletter articles and social media posts



Life Ed Queensland's innovative Healthy Eats pilot program won the prestigious 2019 SIMNA Award for Outstanding Collaboration in Social Impact Measurement. This award recognises the real and measurable difference achieved by the Healthy Eats program in target schools across Cairns, Townsville and Mackay.



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