



STAND UP FOR RESPECT

Program Overview



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WHAT IS STAND UP FOR RESPECT?

Stand Up for Respect is a whole of school bullying prevention pilot program for primary school students, teachers and parents. Delivered in partnership with Social Marketing @ Griffith University and the Behaviour Change Collaborative, the program is evidence-based and has a long-term goal of reducing domestic violence in Queensland by empowering children early in life to advocate for respectful relationships for themselves and others.

Working with Life Ed Queensland, Stand Up for Respect gives schools a unique opportunity to enhance their own bullying prevention efforts and to make a difference in the lives of children at school and beyond. Schools are supported to implement a variety of initiatives that help all members of the school community recognise and respond effectively to bullying situations of all kinds, whether physical, verbal, social or online.

HOW WILL YOUR SCHOOL STAND UP FOR RESPECT?

Pilot schools commit to one of three versions of the program and implement a set of core interventions.

TEACHER & LIFE ED-LED PILOT	TEACHER-LED PILOT	SCHOOL COMMUNITY PILOT
<ol style="list-style-type: none"> 1. Four Prep - Year 6 classroom lessons delivered by teachers and Life Ed Qld 2. A set of school community initiatives, including support for school staff and parents, communication resources to promote bullying prevention, and extracurricular activity ideas for students 3. Co-design workshop with Life Ed Qld 4. Pre and Post Survey Evaluation for teachers and students 	<ol style="list-style-type: none"> 1. Four Prep - Year 6 classroom lessons delivered by teachers 2. A set of school community initiatives, including support for school staff and parents, communication resources to promote bullying prevention, and extracurricular activity ideas for students 3. Co-design workshop with Life Ed Qld 4. Pre and Post Survey Evaluation for teachers and students 	<ol style="list-style-type: none"> 1. A set of school community initiatives, including support for school staff and parents, communication resources to promote bullying prevention, and extracurricular activity ideas for students 2. Co-design workshop with Life Ed Qld 3. Pre and Post Survey Evaluation for teachers and students

ONE THIRD

of Queensland children experience bullying

1 IN 5

children have been bullied online

85%

of bullying incidents are witnessed by other children

*Bullying No Way

*The State of Queensland (Queensland Family and Child Commission), Growing Up in Queensland 2023 (2023)

STAND UP FOR RESPECT PROGRAM INITIATIVES

Stand Up for Respect includes a variety of evidence-based initiatives focused on building student, teacher and parent capacity to prevent bullying.

STAND UP FOR RESPECT MODULES

Memorable and fun learning experiences for Prep to Year 6 students, taught with easy-to-use, curriculum-aligned and age-appropriate resources. Students are supported to develop knowledge and skills to recognise bullying and to stand up safely for themselves and others.

SCHOOL COMMUNITY ACTIVITIES

Parents and school staff play an important role in bullying prevention, as does keeping kids positively occupied on the playground. The program provides a set of activities to complement the schools' existing bullying prevention efforts:



Professional Development Opportunities for School Staff

Led by Life Ed Qld, school staff are invited to participate in an engaging workshop, boosting their capacity to address incidents and to promote a respectful school culture.



Parent Education Resources

Supported by Life Ed Qld, schools empower parents with a variety of resources, including a bullying prevention workshop. The workshop supports parents to understand bullying behaviours and provides a wealth of strategies for supporting children.



Extracurricular Strategies

Schools receive Stand Up for Respect high-visibility vests and a selection of fun playground activity ideas to use with students.



Communications Toolkit

Accessed through the **Life Education Hub**, schools are provided with newsletter articles, social media templates and bullying prevention posters for reinforcing bullying prevention efforts within the school community.

STAND UP FOR RESPECT CHECKLIST

Teacher & Life Ed-Led Pilot

Schools participating in the Teacher & Life Ed-led pilot will implement the below initiatives during the pilot:

Stand Up for Respect Champion

- ☐ Nominate a staff member to lead the implementation of Stand Up for Respect at the school

Classroom Lessons

- ☐ Prep to Year 4 students receive four Stand Up for Respect lessons led by the classroom teacher, using resources from the [Life Ed Hub](#)
- ☐ Year 5 & 6 students receive two Stand Up for Respect lessons led by the classroom teacher, and two led by Life Ed Qld

School Community Activities

Communications Toolkit

- ☐ All classes display provided posters: What is Bullying, Types of Bullying Behaviour, Class Agreement, Upstander Strategies
- ☐ The school promotes bullying prevention with parents and families through social media posts and newsletter articles, using templates from the [Life Ed Hub](#)

Parent Education Workshop

- ☐ The school invites parents to attend a bullying prevention webinar led by Life Education Queensland

Professional Development in Bullying Prevention

- ☐ Teachers and school staff attend a Life Ed Qld professional development workshop

Extracurricular Strategies

- ☐ Teachers wear Stand Up for Respect high-visibility vests on playground patrols
- ☐ The school provides extracurricular student activities 1 – 2 times per week (e.g. playground activities)

Co-Design Workshop

- ☐ Key members of the school community participate in a co-design workshop with Life Ed Qld to understand school priorities for bullying prevention

Impact Evaluation

- ☐ All teachers and Year 5 & 6 students complete a pre-survey between Weeks 1 - 2, before the first lesson
- ☐ All teachers and Year 5 & 6 students complete a post-survey in Week 9 – 10 immediately after the final lesson

STAND UP FOR RESPECT CHECKLIST

Teacher-Led Pilot

Schools participating in the Teacher-led pilot will implement the below initiatives during the pilot:

Stand Up for Respect Champion

- ☐ Nominate a staff member to lead the implementation of Stand Up for Respect at the school

Classroom Lessons

- ☐ Prep to Year 6 students receive four Stand Up for Respect lessons led by the classroom teacher, using resources from the [Life Ed Hub](#)

School Community Activities

Communications Toolkit

- ☐ All classes display provided posters: What is Bullying, Types of Bullying Behaviour, Class Agreement, Upstander Strategies
- ☐ The school promotes bullying prevention with parents and families through social media posts and newsletter articles, using templates from the [Life Ed Hub](#)

Parent Education Workshop

- ☐ The school invites parents to attend a bullying prevention webinar led by Life Ed Qld

Professional Development in Bullying Prevention

- ☐ Teachers and school staff attend a Life Ed Qld professional development workshop

Extracurricular Strategies

- ☐ Teachers wear Stand Up for Respect high-visibility vests on playground patrols
- ☐ The school provides extracurricular student activities 1 – 2 times per week (e.g. playground activities)

Co-Design Workshop

- ☐ Key members of the school community participate in a co-design workshop with Life Ed Qld to understand school priorities for bullying prevention

Impact Evaluation

- ☐ All teachers and Year 5 & 6 students complete a pre-survey between Weeks 1 - 2, before the first lesson
- ☐ All teachers and Year 5 & 6 students complete a post-survey in Week 9 – 10 immediately after the final lesson

STAND UP FOR RESPECT CHECKLIST

School Community Pilot

Schools participating in the School Community pilot will implement the below initiatives during the pilot:

Stand Up for Respect Champion

- ☐ Nominate a staff member to lead the implementation of Stand Up for Respect at the school

School Community Activities

School Communications Toolkit

- ☐ All classes display provided posters: What is Bullying, Types of Bullying Behaviour, Class Agreement, Upstander Strategies
- ☐ The school promotes bullying prevention with parents and families through social media posts and newsletter articles, using templates from the [Life Ed Hub](#)

Parent Education Workshop

- ☐ The school invites parents to attend a bullying prevention webinar led by Life Ed Qld

Professional Development in Bullying Prevention

- ☐ Teachers and school staff attend a Life Ed Qld professional development workshop

Extracurricular Strategies

- ☐ Teachers wear Stand Up for Respect high-visibility vests on playground patrols
- ☐ The school provides extracurricular student activities 1 – 2 times per week (e.g. playground activities)

Co-Design Workshop

- ☐ Key members of the school community participate in a co-design workshop with Life Ed Qld to understand school priorities for bullying prevention.

Impact Evaluation

- ☐ All teachers and Year 5 & 6 students complete a pre-survey between Weeks 1 - 2, at the start of the program
- ☐ All teachers and Year 5 & 6 students complete a post-survey in Week 9 – 10, at the end of the program

NOTES

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Life Ed Qld celebrates our long-standing history of making a genuine difference for Queensland children and schools. In 2019, our innovative Healthy Eats pilot program won the SIMNA Award for Outstanding Collaboration in Social Impact Measurement. In 2024, our groundbreaking Stand Up for Respect pilot program was a SIMNA Award Finalist for Excellence in Social Impact Measurement. Both awards are prestigious and competitive, and recognise the real, measurable difference achieved by Life Ed programs in our pilot schools.



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