

PARENT HANDOUT

The internet provides so many positives for our kids however we need to talk to them about the potential dangers of being online, just as we do about dangers in the offline world and teach them tools and strategies to help keep them safe.

5 TOP TIPS

1. Communicate – Create opportunities for open, honest, ongoing dialogue
2. Monitor online behaviour - Use technology tools to keep them safe
3. Encourage safe and responsible online behaviour
4. Implement a Digital Agreement in your home
5. Model appropriate online behaviour

It is important that you know how to:

- Install security software and update when recommended
- Set parental controls
- Check history
- Monitor phones, laptops and gaming devices
- Set and check privacy settings in apps and on social media
- Turn off location settings
- Set strong passwords and regularly change these. Never write them down or share them with anyone, including friends.



EDUCATE YOURSELF

Check out different sites and apps for yourself. The more familiar you are with them the easier it is for you to talk to your kids. Ask your kids questions and encourage them to teach you!

**ALWAYS ENSURE DIGITAL DEVICES
ARE USED AND CHARGED IN OPEN
AREAS IN THE HOME**

