

Life Education Queensland 1987-2017 30 Year Anniversary



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Our Patrons



The Honourable Robert Borbidge AO

The Honourable Robert Borbidge AO was the 35th Premier of Queensland and served in the State Parliament as member for Surfers Paradise for just over 20 years.

During this time he held a number of senior positions including senior Ministries, Deputy Leader of the Opposition, Leader of the Opposition and Premier.

Since his resignation from the Queensland Parliament in 2001 he has held a number of Board positions in both private and publicly listed companies.

In 2006 he was appointed an Officer of the Order of Australia and awarded an Honorary Doctorate from Griffith University.

He is currently Chair of the Board of Advice for the Institute for Glycomics at Griffith University, a member of the Council of Griffith University and a member of the Board of Trustees of the Friends of Griffith University (incorporated in the USA).

He is Chairman of Life Flight Australia which is one of the world's largest not for profit aero medical and rescue providers servicing 75 percent of Queensland's population with a fleet of 13 helicopters and 3 jets operating from eight bases across the State. He is also Chair of the Legacy Committee for the Gold Coast 2018 Commonwealth Games, Chair of Study Gold Coast, a collaborative venture between the region's major universities and education providers and Senior Counsel for Government advisory services group GovStrat.

He also served on the Independent Distribution Committee for the public appeal for victims of the 2016 Dreamworld tragedy.



The Honourable Dr Anthony Lynham

The Honourable Dr Anthony Lynham is the Minister for State Development and Minister for Natural Resources and Mines. Before entering Parliament as the Member for the Brisbane seat of Stafford in 2014, Dr Lynham worked as a maxillofacial surgeon. As a surgeon who continuously dealt with the aftermath of violence, before entering Parliament, Dr Lynham was a prominent advocate of policies to minimise alcohol fuelled violence.

Dr Lynham graduated in medicine from the University of Newcastle and completed his maxillofacial surgery training in Queensland. He is a fellow of the Royal College of Surgeons of Edinburgh. Dr Lynham worked most of his medical career at the Royal Brisbane and Women's hospital and is part of a research team at Prince Charles Hospital. He also served in the Australian Army.

Dr Lynham is an Adjunct Professor at QUT and an Associate Professor at the University of Queensland [UQ] School of Medicine.

MESSAGE FROM THE CEO



The story behind the creation of the Life Education Centre at Broadbeach in 1987 is so much more than a story about a building. Although it's true that the bringing together of business leaders, state and local Government, community groups, donors and volunteers to construct the Centre was an amazing feat in itself, driven by the passion of the late Ron McMaster and Brian Ray, what is far more impressive is the legacy this has created in the lives of so many Queenslanders.

In reality, their efforts resulted in not just a building, but a movement – a community of people committed to the idea that it is better to build strong children than it is to repair broken men. A belief that our young people deserve to be given the best opportunity to live a safe and healthy life.

Just as the founder of Life Education Australia, the Rev Ted Noffs, discovered through his work at the Wayside Crisis Centre in Kings Cross, prevention is far preferable to cure. He witnessed so many young Australians lose their hopes and dreams to drugs and alcohol, or to a generally unhealthy lifestyle. Ted saw how challenging it was to rescue and rehabilitate lives, when so much damage was already done. In Life Education he saw an opportunity to invest in our future generations. Now 30 years after the Life Education Centre was constructed, I doubt even our founders would believe the extent to which their work has grown and flourished since those early days. We estimate that over that time, approximately 1.5 million Queenslanders have been touched by Life Education's work during their school days, with many now becoming parents themselves. In fact, an increasing number of Life Education Queensland donors are former participants in our program.

We meet Life Education graduates in all walks of life. They are nurses, health practitioners, journalists, engineers, and some are now even working for us as educators - teaching the Life Education program to a new generation of students. Mention Healthy Harold to anyone under the age of 35 on the Gold Coast, and there's roughly a 50% chance that they can share a Life Education experience. It's remarkable.

In this past year alone, more than 215,000 children participated in our program, from pre-schools, primary schools and high schools throughout the state. If they stood hand in hand, the line of children would stretch all the way along the Pacific Highway from Coolangatta to Caloundra!

In the last four years alone, the number of Queensland children benefiting from our work has doubled, which has been astonishing. It's so energising to see the expressions on the faces of children who are experiencing our program for the very first time, and how they eagerly soak up the life-enhancing messages of our educators. It's even more exciting to hear the feedback from parents about how our lessons have positively influenced their children and changed their behaviour. In some cases, we even hear about parents who have changed their own behaviour, including giving up smoking, after pressure from their children. And it's great to continually receive such positive feedback from more than 8,000 classroom teachers with whom we partner, in over 600 Queensland schools.

Whilst it's important to celebrate and acknowledge our past, in doing so we must also look to the future. In a world of increasing complexity, where children seem to be growing up faster and are subjected to so much pressure from marketers, from peers, and sometimes sadly from poor role models within their own families, the Life Education program is needed more than ever before. Building resilience in our young people is an ongoing responsibility. It can't stop.

This is where we rely so much on our supporters. We need ongoing funding from the State Government, as we've had in recent years, which is making such a difference. Equally, we need more donors, big and small, because without the generosity of Queenslanders, Life Education's work can't be sustained.

Thank you so much to all those who have contributed to making this 30 year anniversary possible. To all of our supporters, our amazing volunteers and staff, our Board, and of course our school partners, thank you for helping to realise the vision of our founders. Long may this great work continue!

Yours sincerely

Michael Fawsitt Chief Executive Officer Life Education Queensland

LIFE EDUCATION

is Queensland's largest provider of health and drug education to children and young people.

In excess of **1.5 million** students have participated in our program over the past 30 years.

Our Vision

Generations of healthy young Australians living to their full potential

Our Mission

Moreton Bay District

To empower our children and young people to make safer and healthier choices through education



MEMORABILIA

DAILY NEWS/GOLD COASTER 15/5/86 WS

A private enterprise initiative to build Queensland's first Life Education Centre on the Gold Coast has struck a chord in the local business community.

And as work got underway this week, everything from the land fill to the labor was being provided free

The Life Education Centre is being built at Broadbeach sponsored by a group of local businessmen who have formed the Life Education Centre Foundation,

Life Education Centre Foundation, Queensland. Chairman of the foundation, builder Ron McMaster said the generous response from the business

generous response from the ousness community has been tremendous. McMaster Constructions is building the centre as a community service, and the Albert Shire Council generously provided the site adjacent to the Albert Waterways Community Centre in Sunshine Boulaward Boulevard.

The centre is being funded by donations from businesses and even the engineers, architects and other consultants have donated their services.

As more and more firms join the

As more and more firms join the list of supporters, by donations of goods and services, the \$1.8 million centre is likely to be completed at a significantly lower cost. The start of construction saw Brian Orr Developments provide 1500 cubic metres of sand fill, Lund Constructors load it, Michelmore's trucks deliver it and Neumann's machinery taking care of on-site work. work.

Even the truck and machinery drivers-made their contribution by donating their time to the project. "The response is just fantastic," Mr McMaster said. "It really goes to show communi-ty spirit is alive and well on the

Gold Coast to see so many people pitch in and help to provide our city with this wonderful facility.

"Every day I am receiving calls from companies and tradesmen asking me how they can help. "We are still looking for help with bricks and bricklayers," he

said

The Life Education Centre will provide facilities for children to learn how to understand and cope with the stresses of modern life, focussing particularly drug on prevention

It will be operated in association with the famous Wayside Chapel run by the Reverend Ted Noffs in Sydney. Mr McMaster said the generosity

of the business community meant the centre should be completed by November this year ready to begin courses in the 1987 school year





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Australians lead the way in drug education

By URSULA WOODHOUSE

WOODHOUSE The Prince and Princess of Wales, Dire Straits bass player John Illsley and Austra-lian of the Year, Dick Smith are among hundreds of people involved with a unique drug educa-tion of the Year, Dick Smith are among hundreds of people involved with a unique drug educa-tion program developed in Australia and now in demand overseas. It's unique because it teaches wars atmosphere about their own bodies, makes them proud to feel and look good, shows them how drugs of any kind will make them let bad – but doesn't preach. Known as Life Education, it was or offs of The Wayside Chapel of both for the Wayside

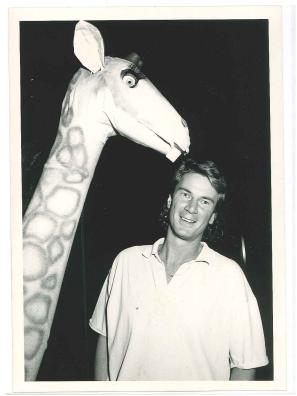
point. "I spent the '60s and '70s in high

"I spent the '60s and '70s in high schools where heroin was sold in the school playground and what I found was that children did not want a sermon," he recalls. "They wanted the facts — they wanted to know what drugs would do to you. They wanted visual aids that showed them the way the body worked. They didn't want moral-ity."









MESSAGES OF SUPPORT



Dr Fiona Wood AM 2005 Australian of the Year Director of the Royal Perth Hospital Burns Unit

My kids have all had the benefit of Life Education, learning about looking after their bodies, and making wise choices... it's an opportunity every Australian child deserves.



Michael Clarke Former Australian Test Cricket Captain Life Education Australia Ambassador Life Education Graduate

Life Education teaches you to understand your body and that helps you get the most out of yourself... You have to have confidence and self-respect to achieve success.

Life Education inspires that in young Aussies too.



Dick Smith AO

'The beauty of the Life Education approach is its simplicity. It doesn't moralise. It doesn't scare. It shares factual information with children, and provides them the opportunity to develop the skill and motivation they need to make informed decisions, based on this information. And it does it in a fun and engaging manner. The kids really enjoy the experience."

Dick Smith AO 1986 Australian of the Year

MESSAGES OF SUPPORT



Nick Farr-Jones Australian Rugby great

Thank you Life Education for your inspiration, dedication and commitment to building a better future for our kids.

Having 4 children, my wife and I greatly appreciate the investment into our children's health and education which organisations like Life Education make.



John Williamson AM

The future of our country is in our children. There is nothing more important than the work of educating and preparing young people with the knowledge that will enable them to make safe, healthy choices in their lives. Life Education does precisely that. What young person under the age of forty doesn't remember Healthy Harold with affection?

Congratulations Life Education. I'm proud to be associated with you and to support your ongoing commitment to the future generations of this great country.



Ita Buttrose AO OBE

"It is absolutely critical, more so today than ever, that we instill in our children the knowledge, skills and attitudes they need to make good decisions about their health. I applaud Life Education for its commitment to this cause."

Ita Buttrose AO OBE 2013 Australian of the Year

OUR REACH

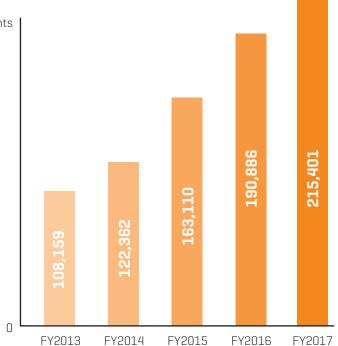
In 2016, Life Education received feedback through our evaluation survey from 5,227 Queensland teachers.

- **97.84%** rated the program as 'good' or 'excellent' resource to support teachers
- **99.5%** said there was a need in their community for Life Education programs
- **99.52%** 'agreed' or 'strongly agreed' that Life Education curriculum resources were valuable
- **99.03%** indicated they would recommend that their school re-book Life Education the following year
- **98.71%** rated the Educator who delivered the program as 'good' or 'excellent'
- **93.96%** said that Life Education met the needs of their students

215,401 Queensland Students

200,000 students

This past financial year has been our most successful one so far, reaching a total of **215,401** Queensland students. This is an increase of **100%** in student participation from financial year 12/13.









20 Mobile Learning Centres

31 specialist educators

Our **31** Specialist Educators have driven collectively **121,136km** to deliver the Life Education program throughout Queensland in the 2017 Financial Year. All the work and effort that our Educators put in everyday is one of the main reasons why Life Education can continue to reach increasing numbers of Queensland children.

ABOUT LIFE EDUCATION

Life Education is a health promotion charity and Australia's largest independent provider of health and drug education in schools.

Our founder, Ted Noffs, through his work at the Wayside Crisis Centre in Kings Cross in Sydney, devoted much of his life to alleviating the problem of drug and alcohol misuse among young people. His first-hand experience of seeing increasing numbers of young Australians in need of drug and alcohol rehabilitation led him to realise that a greater focus was needed on prevention through health education.

Over the past 36 years, more than 5 million Australians have experienced our annual program, with more than 600,000 children from preschool through to high school taking part each year. Healthy Harold the giraffe, our much loved mascot, helps to deliver our message effectively.

Today Life Education delivers high quality health education programs in a fun learning style with age appropriate material covering topics that range from the importance of making healthy food choices and the benefits of exercise, to the dangers of cigarettes and alcohol.

Recent initiatives include bCyberwise, which was launched nationally in 2013 to help children stay safe online, and Talk About It, which was introduced in Queensland in 2014 to teach children about puberty, relationships and identity.

Life Education Queensland is an affiliate of Life Education Australia. We deliver our program to more than 215,000 Queensland children in partnership with over 600 schools and 200 preschools every year, through a team of specialist health Educators.

Our approach to education is innovative and engaging. We use a combination of specialist Educators, customised Mobile Learning Centres, and a range of student and teacher resources.

We have a vision to see generations of healthy young Australians living to their full potential. So the sessions are designed to motivate, encourage and empower children to exercise informed, healthy lifestyle choices. We achieve this by providing children with:

- · age appropriate health knowledge
- · skills and strategies to counter peer and social pressures
- · an understanding of how values and attitudes can influence lifestyle choices and behaviour.

From the early years to secondary school, the Life Education program is highly relevant to the needs of children as they make everyday choices that can impact their health and wellbeing.

Decision

making

Early Childhood

Body knowledge Personal safety Healthy lifestyle Social skills

Primary

Body knowledge Safety Nutrition Physical activity Puberty & Relationships Medicines Cybersafety **Decision making** Tobacco Alcohol

Secondary

Peer pressure Tobacco Alcohol Cannabis Sexual health Other drugs

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In enjoyed going to the Life Education Van. It taught me a of 10+ she told things. Gemma (the teacher) in cigarettes, what was US met 'Harold' giraffe. the also we bluos 90 again T T wish





Dear Harold

Thank you for coming and telling as about smoking I learnt alot about the harmful effects of smoking and will never ever smoke or buch a eigenette





Dear Life Education.

T would like to thank you for sending your van to my school. I especially learned alot about the good and the poor choices in life, and about the dangers of smoking, drugs and alchahol, and the affects it can have on my body. I would also like to give thanks on the way that you made the serious learning into a fun, possive type of learning. I will definitely use my life Education van experiences through my whole life.

Many Thanks, Flym.

OUR COMMITTEES

Bundaberg



Cooloola-Noosa



SOME QUOTES FROM BUNDABERG TEACHERS: the students to engage in informed discussions concerning long term healthy habits and attitudes as well as the provision of meaningful and effective resources." (2016) "It continues to give students information about healthy lifestyle choices in a world where there are easy, less healthy options. Life education provides a role model to many students who come from homes where nutrition and health are not a priority." [2016]

Central Queensland



MP for Keppel Brittany Lauga, CQ Early Learning Educator Paige Martinez, Healthy Harold, CQ Health Educator Liz Hills and Communities for Children Project Officer Kirsten Hardy at "Romp in the Park"

Harold and Bluey

Townsville



Toowoomba





Life Education Townsville team at the Cowboys home game against the Eels.

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OUR FUNDRAISING



Hands Up Now!

Hands Up Now! is our regular giving program, where supporters make a monthly gift to help educate Queensland children to live a safer, healthier life since it started in 2014, the Hands Up Now program has grown to more than 10,000 supporters making monthly (tax deductable) gifts.

Supporters can choose the amount they wish to donate each month, and receive regular updates on the work they are supporting.

- \$49 a month can help deliver health and drug education to a small regional school for one year.
- \$37 a month can provide education and resources to help keep one disadvantaged child safe from harm every week.
- \$20 a month can empower 25 children to make safer, healthier choices every year. That's equivalent to a classroom of children

To sign up to Hands Up Now!, just go to www.handsup.org.au or email handsup@lifeeducation.org.au Your support does make a difference.



Ocsober

Ocsober is our annual national fundraising campaign that challenges Australians to give up alcohol for four weeks in Ocsober, and raise money from family and friends. Ocsober also raises valuable awareness of the dangers associated with alcohol, including alcohol fuelled violence.

Last year 1,002 Queenslanders signed up, the largest of any state, and raised \$111,188.00, an outstanding effort!





LIFE EDUCATION QUEENSLAND 30 Year Anniversary 13

OCSOBER AMBASSADORS

Many Australian sporting legends have been inspired and motivated by the work of Life Education and have become Ambassadors for our work and for our Ocsober campaign.



Michelle Janneke Australian Sprint Hurdler

"I used to get very excited that Healthy Harold the big friendly giraffe was at my school and the visit to the van was always a lot of fun. For me the Life Education van reinforced a lot of the healthy living that I learnt at home and it always lead to lots of conversation at school and home about healthy living."



Sharni Williams (2016 Rugby Sevens Gold Medalist)

"I'm inspired to be a part of Ocsober because I want to help create awareness on the usage of alcohol in Australia. One month seems a lot for some people but for me it's not about missing out it's about living a healthier life style and providing the younger generation with the knowledge so they can make good choices."

OCSOBER AMBASSADORS



Reuben Te Rangi (Brisbane Bullets NBL Player)

"I know first-hand how easy it is for drinking to get the better of you. It might seem like just a social thing but it's incredible how quickly you can find yourself in trouble. To play ball and do what I love I need to be healthy, and that comes with making smart choices."



Tatiana Grigorieva, Olympic Pole Vaulter

"I am participating in Ocsober because I believe it is so important for every Australian child to have the opportunity to go through the Life Education program and learn how to be healthy and safe. As a mother, there is nothing I want more than for my children to grow up and reach their full potential".



Tom Burton Olympic Sailing Champion (Rio Olympics, 2016)

"I remember going into the Healthy Harold bus and learning all about healthy eating and living, which has put me on the path to a healthy life and elite sport."

OUR PARTNERS

Major Partner



Partners



QUEENSLAND HEALTH

We would like to acknowledge the generous support of our major partner, Queensland Health. The support of the Queensland Government has been instrumental in enabling Life Education to expand our services throughout the State, enabling tens of thousands more Queensland children to gain access to vital drug and health education.

AURIZON COMMUNITY FUND

Over the past six years Aurizon has helped a cross-section of community groups across Australia through the Community Giving Fund to deliver projects that make our communities a better place to live. The fund has helped in the delivery of the Life Education program in Gladstone.



BARTERCARD AUSTRALIA

Bartercard Australia kindly provided prizes for 'Harold's Family Holiday Competition' including the major prize of accommodation and meals for the Fiji holiday, and tickets to the Gold Coast Titans and Queensland Reds home games.



BRISBANE PRODUCE MARKET

Brisbane Produce Market's ongoing support of Life Education is a constructive partnership sharing similar goals to help improve the health of Queensland children. Life Education was one of two charities to benefit from Brisbane Market's 14th annual Mango Auction.



BRISBANE ROAR

In March 2016 Life Education Queensland was chosen by the Brisbane Roar to be their community partner at their game against the Western Sydney Warriors.

OUR PARTNERS

CITY OF GOLDCOAST.

CITY OF GOLD COAST

The Gold Coast Council has assisted Life Education Queensland in the towing of the Mobile Learning Centres to and from schools in the Gold Coast region.



COMMUNITIES FOR CHILDREN

Communities for Children is an initiative funded under the Stronger Families and Communities Strategy. Communities for Children has partnered with Life Education to subsidise preventative education programs for more vulnerable children in Townsville, Capricorn, on the northern Gold Coast and in the Ipswich to Inala area.



GAMBLING COMMUNITY BENEFIT FUND

With funds donated by the Gambling Community Benefit Fund Life Education Queensland has been able to install a hydraulic wheelchair lift in 3 mobile learning centres and also refurbish the Logan mobile learning centre.



NORTHERN QUEENSLAND PRIMARY HEALTH NETWORK

NQPHN is an independent not for profit organisation, funded by the Commonwealth Department of Health, and is the regional primary health care lead agency. NQPHN coordinates primary and preventive healthcare, identifying where there are areas of need, and working closely with GPs, allied health care providers, pharmacies, dental practices, hospitals and the broader community to ensure that patients receive the best care possible.



TEACHERS MUTUAL BANK

Life Education Queensland is grateful for the support that the Teachers Mutual Bank has provided to the program so far.

THE MANAGEMENT COMMITTEE

The Management Committee of Life Education comprises business people and health professionals who volunteer their time to provide vital governance, and to support the CEO and staff to carry out the strategic objectives of the organisation.



Peter Morgan – Chairman

Peter was a founding member of the Management Committee in Queensland, and has served continuously since then. He has worked as a Solicitor since 1979 and has been in Rotary for more than 20 years. During this time, he was also a member of the Finance Board of one of the largest church congregations in Australia. He is married with three adult children, all of whom have experienced the Life Education program.





Jack's experience encompasses development management, residential sales and commercial leasing, having worked across some of Australia's most successful master-planned communities. In 2008, Jack left Ray Group to take a position as Development Manager for the publicly listed Consolidated Properties Group. In early 2009 Jack re-joined the Ray Group as Head of Commercial and Retail. He holds a Bachelor of Business Law degree from Bond University. He joined the Management Committee in 2010.



Sue Davis – Treasurer

Sue joined the Management Committee in 2014 and is currently the Chief Financial Officer of Infinite Care Group overseeing its financial, commercial and technology business units. Sue brings 20+ years of senior executive financial and business management experience in large scale private, listed global and not for profit organisations in the industries of higher education, hospitality (resorts and casinos), property management and development (retail, residential, commercial, retirement and mixed use sectors), airports and leisure/attraction parks. Sue is passionate about giving back to the community where possible and has held a number of volunteer roles in local sporting clubs and schools.





Gary joined the Management Committee in 2010. He commenced his banking and finance career with nab in 1985 and more recently has worked with BOQ Specialist, assisting medical, dental and veterinary clients with all forms of finance and investment. He has occupied numerous roles in retail, business and private banking in the Gold Coast and Northern NSW regions. He has served in excess of 30 years as a volunteer life saver and is a life member of Tallebudgera SLSC, he has competed at state and national titles and has been selected to represent Oueensland and Australia in surf boat competition.

Dr Martin Wullschleger

Martin is the current Director of Trauma Services at the Gold Coast University Hospital. He is a Swiss and Australian qualified General and Trauma Surgeon, who moved to Australia 10 years ago. Apart from his clinical commitments in the hospital, Martin is a passionate leader in surgical education and training as well as performing trauma research; he brings broad experience including involvement in prevention programs and professional committees. Martin is married to Deborah and has four active boys.

Dr Caroline Salom

Caroline is currently a Research Fellow at the University of Queensland's School of Public Health and the Queensland Centre for Mental Health Research. She has worked in medical research for over 30 years and specifically in the alcohol and drug field for over 15 years. Caroline holds a PhD in substance use and mental health development and epidemiology, and also brings extensive experience of community- and school-based health education and prevention.



OUR TEAM



STAFF

Liz Ham

Michael Fawsitt

Jamie Payne

Greg Potent

Malin Bergendahl

Sandy Newson

Haydn Jenkins

Jennifer Hall

Lynn Reeves

Natalie Buck

Tracey Deakin

Amanda Bennett

Melanie Denmead

The Life Education Queensland team is led by Chief Executive officer, Michael Fawsitt, who commenced in the role in 2006, following a lengthy career with World Vision Australia, including roles as National Operations Manager and Queensland State Manager. Under Michael's leadership, the number of Queensland children participating in the Life Education program has grown significantly, and Life Education Queensland's capacity to reach the most vulnerable and disadvantaged children has been greatly expanded.

The Life Education Queensland team is a professional and dedicated group of people, committed to a common goal of empowering Queensland children and young people to live safe, healthy lives.

HEALTH AND DRUG EDUCATORS

Michele Tabrett Kathy Bayliss Elizabeth Hills Niki Andrinopoulos Michelle Buck Janet Connolly Vashty Wilson Emily Casella Danielle Cox Janelle Clancy Louise Shailer Brigette Cavanagh Gemma Ewin Claire Dickson Lisa Barber Claire Johnson Jennifer Rousset Jane Jackson Timothy McKean

Brisbane Bundaberg Central Queensland Cooloola Noosa Gladstone Gold Coast Gold Coast lpswich lpswich/Logan Logan Mackay Moreton Bay North Queensland North West Queensland Redlands South West Queensland Sunshine Coast Toowoomba Townsville

EARLY LEARNING EDUCATORS

Narelle Watkins Shae O'Brien Shireen Niblock Brisbane / Sunshing Coast Central Queensland Gold Coast

Area CoordinatorEmily CArea CoordinatorDanielleArea CoordinatorJanelleSchool Liaisons OfficerLouiseReceptionist and Admin Support OfficerBrigetteFundraising Support OfficerGemma

Shalom Okesene Fundraising Assistant
SEXUAL HEALTH EDUCATORS

& SECONDARY SCHOOL

Chloe Edgar Sarah Abraham Claire Trethewey Vicki Bombardieri Michele Delaforce Lane Norman Brisbane Brisbane Gold Coast North Queensland North Queensland Sunshine Coast

Chief Executive Officer

Operations Manager

Fundraising Manager

Office Manager

Health Promotion Manager

Risk, Compliance & HR Manager

Relationships and Marketing Manager



"I might have stayed near the person smoking before to be polite, but now I will DEFINITELY move away to keep myself safe and healthy." Ava, Aged 9.

"My three kids all loved it. As a parent I can't thank you enough for your positive influence on them about being healthy." Christine, Mother of Lucy, Aged 5.

"Because Life Education visited my school, it has inspired me to stay mentally and physically healthy. A giraffe taught me about body parts and told me about eating healthy foods like apples and oranges and not to eat biscuits." Ti, Aged 5.

"Ethan thought it was great. He was excited to come home and tell us about different drugs and behavior. What to do when you want to join a game with other kids and they to do as this is a problem that he faces in the playground and it also gave him



to identify it and how to make a stand against it. She is going to make more informed decisions as different situations arise in

"I will keep brushing my teeth, and I will floss regularly too because I need to keep my teeth clean and sometimes the toothbrush doesn't get what is in between."

situations arise in her life and plans to make healthy choices , is going to make more informed decisions as different identify it and how to make a stand against it. Sh "Mikayla is now aware of peer pressure, how to THE ETIONED LEATHING BOULT THE "He enjoyed learning about the rome arrive on he's inineer a rive on he's inineer a rive to be body and how it works. He wanted to be school with the school is in the works in the wanted to be school and now hanning nore active so he's loined a tunning for the school and the school and heat for the school and how belongs to a local football team too. "I am Momer vouven venn ven Momer of Sebestien, Aged going to eat less lollies and eat more fruit. I am going to watch less television and do more exercise. I love the Life Education van! And I love Harold." Ruby, Aged 10. "It's good to be a giraffe, be" proud and stand up tall. They stick their necks out for their

friends. I love Harold!" Mollie, Aged 1 exercise and you don't smoke." Harper, Aged 10.

Healthy means that you eat good food, you "Always stay healthy and never smoke. "I now know how to keep myself healthier and safer. I love it when Healthy Harold visits our school." Daniel, Aged 8.

"The health risks of taking drugs and alcohol were a big eye opener and made her definitely not want to take them." Simone, Mother of Shikara, Aged 10.



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