

Classroom Passport Competition Information



Dear Parents,

HEALTHY EATS – FRUIT AND VEGETABLE PASSPORT COMPETITION

As part of the Life Education Healthy Eats program, our students will be taking part in a four week fruit and vegetable classroom challenge.

How it works

- Each student will receive their own fruit and vegetable Passport to record the serves of fruits and/or vegetables they eat at school each day.
- At the end of the week each class will tally up their numbers a.
- The passport competition will run for four consecutive weeks with the class that has the most points being named the winner.
- Classes will be competing with each other for the right to be named as Healthy Eats Champions.

We hope that this initiative will promote healthy eating behaviours by providing an opportunity for students to boost their daily fruit and vegetable intake as well as try new fruits and vegetables in a positive eating environment with their classmates.

To assist this exciting new initiative, we would like to encourage all parents to include extra serves of fruits and vegetables in your child's lunchbox this Term.

Thank you for your support.

