QAST has over 30 years of combined experience in running financially viable tuckshops.

Essential member services for Queensland Tuckshops:



Tuckshop Help Line

Unlimited telephone support to answer your tuckshop queries.



Tuckshop TuneUp

Our comprehensive on site review service (\$550 + travel expenses may apply for regional areas).



Tuckshop Toolbox

Resources and templates designed to help you run a profitable, safe and healthy school food service.



FREE

Member

Consultant Services

Book a telephone, web conference or face to

Financial Consultancy

face appointment:

Is your tuckshop struggling to make a profit? We can assist your tuckshop to get back in the black.



eMenu

Take control of your tuckshop menu, recipe planning, stock and costs with this online tool.



Tuckshop Network Meetings

Get the latest information and share ideas with local schools at our regular regional and metropolitan meetings.



Affordability Quality Training

Courses include food safety; volunteer management; menu planning; and a new convenors' course.



Menu Health Check

Forward a copy of your menu to receive feedback.



Quarterly Tuckshops eNewsletter

All the latest news, events and recipes delivered to your inbox.



Facebook

Stay up to date by following us at facebook.com/tuckshops



Tuckshop of the Year Awards

Experience a night of celebration and inspiration. Held on the first Friday in November each year.



General

Discuss your tuckshop enquiries.



CATERING MANAGER, IPSWICH GIRLS' GRAMMAR SCHOOL Running a successful tuckshop is a very challenging job. Our organisation is a group of talented, knowledgeable, like-minded people who want you to succeed. **Being a member of QAST will give you the support and inspiration you need to be the best you can be.** Even if you are experienced, sometimes it's important to get the validation that you are doing a great job as well as being able to share your experiences with other convenors. Because QAST exists for tuckshops, we can do that for you.

QAST membership.

Includes access to all our essential services.

\$30 PER ANNUM

Schools with less than 100 students

\$220 PER ANNUM

Schools with more than 100 students

Contact our team to discuss membership or your tuckshop needs







07 3324 1511



www.qast.org.au



tuckshops Inc.

"We are so grateful to QAST for their **support and advice**. Our community is loving the new tuckshop."

Bernie Radcliffe

P&C Representative WILSONTON STATE SCHOOL

"As a regional school, the **face to face contact** with QAST is
particularly important."

Deanne O'Neill

Convenor CURRAJONG STATE SCHOOL

"If I want to make any changes to the tuckshop, it's great to have the **backing of the Association**."

Margaret Thompson

Convenor CALOUNDRA CHRISTIAN COLLEGE

"Our mission is to inspire students and staff to make healthy choices."

Caralyn Christensen

Convenor COOMBABAH STATE HIGH SCHOOL

We exist to support tuckshops!

QAST has over 30 years combined experience in running successful tuckshops that meet the needs of their school communities. We can help you to achieve your goals.



