

tuckshops

Queensland Association of School Tuckshops Inc.

“As a regional school, the face to face contact with QAST is particularly important”

Deanne O’Neill

Convenor CURRAJONG STATE SCHOOL

“Our mission is to inspire students and staff to make healthy choices”

Caralyn Christensen

Convenor COOMBABAH STATE HIGH SCHOOL

“QAST is very important to me as a convenor, as well as to our P&C. They are my ‘go to’ people for any questions I have around the menu or general questions about the running of the tuckshop”

Debbie Weber

Convenor ST GEORGE STATE SCHOOL

“The team at QAST is a wealth of information, knowledge, experience and advice! They are always willing and happy to help you make your tuckshop a success”

Candice Coopmans

Convenor ORMISTON STATE SCHOOL

“A great team who are always helpful and supportive”

Leanne Hayward

Convenor BLI BLI STATE SCHOOL

Your tuckshop support team

QAST has over 30 years combined experience in running successful tuckshops that meet the needs of their school communities.

We can help you to achieve your goals.

The logo for Qast and Canteens features the word 'Qast' in a stylized font where the 'Q' is blue and the 'ast' is green. Below it, the words 'and Canteens' are written in a smaller blue font. At the bottom, the full name 'Queensland Association of School Tuckshops Inc.' is written in a small blue font.

Qast
and Canteens
Queensland Association
of School Tuckshops Inc

QAST has over 30 years of combined experience in running financially viable tuckshops.

Essential member services for Queensland Tuckshops:



Tuckshop Help Line

Unlimited telephone support to answer your tuckshop queries.



Tuckshop TuneUp

Our comprehensive on site review service (\$750 + travel expenses may apply for regional areas).



Tuckshop Toolbox

Resources and templates designed to help you run a profitable, safe and healthy school food service.



Financial Consultancy

Is your tuckshop struggling to make a profit? We can assist your tuckshop to get back in the black.

POPULAR SERVICE



eMenu

Take control of your tuckshop menu, recipe planning, stock and costs with this online tool.



Tuckshop Network Meetings

Get the latest information and share ideas with local schools at our regular regional and metropolitan meetings.



Affordability Quality Training

Courses include food safety; volunteer management; menu planning; and a new convenors' course.



Menu Health Check

Forward a copy of your menu to receive feedback.



Quarterly Tuckshops eNewsletter

All the latest news, events and recipes delivered to your inbox.



Facebook

Stay up to date by following us at facebook.com/tuckshops



Tuckshop of the Year Awards

Experience a night of celebration and inspiration. Held on the first Friday in November each year.



General

Discuss your tuckshop enquiries.

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Lorie Robinson

QAST President
CATERING MANAGER,
IPSWICH GIRLS' GRAMMAR SCHOOL

Running a successful tuckshop is a very challenging job. Our organisation is a group of talented, knowledgeable, like-minded people who want you to succeed. **Being a member of QAST will give you the support and inspiration you need to be the best you can be.** Even if you are experienced, sometimes it's important to get the validation that you are doing a great job as well as being able to share your experiences with other convenors. Because QAST exists for tuckshops, we can do that for you.

QAST membership
Includes access to all our essential services.

\$45 18 months

Schools with less than 100 students

\$330 18 months

Schools with more than 100 students

Contact our team to discuss membership or your tuckshop needs

@ admin@qast.org.au

📞 07 3324 1511

🌐 www.qast.org.au

