

School Food Garden

Tip sheet



Healthy Eats

2 & 5 to help you thrive!

1. Find your school food garden supporters.

Everyone loves home-grown fruit and veg, so talk to parents, teachers and students to find out who wants to be part of this exciting project.

2. Find volunteers to work in the garden.

OK – so you know who loves the idea, but who can give some time to work in the garden. Talk with parents, teachers and students and maybe make the garden a lunchtime activity, or before or after school activity. You'll probably be surprised at how enthusiastic the kids will be to get involved.

3. What resources do you need?

Consider what financial resources and materials you need to start your food garden. Consider a school fundraiser or talk with your local Bunnings store who may be able to help out with donating materials and providing expert advice.

4. Make your garden part of your school program.

To make your food garden sustainable, making it part of your school program by:

- adding it to the school syllabus/curriculum,
- making it an activity at lunch, or
- including it into before and after school activities

Your food garden will be a constant source of amazement and education as the student's watch their seeds grow. They won't be able to stop asking questions and wanting to explore their produce.

