

Classroom Passport

Competition Information For Schools



What is the Classroom Passport Competition?

A class vegetable and fruit challenge over 4 weeks. Each student aims to eat two fruits and five handfuls of salad or vegetables each day.

How does it work?

- Each student will receive a Healthy Eats Vegetable and Fruit Passport, and will write their name on the top.
- The passports will be kept in the classroom with the classroom teacher.
- At the end of each day, students record the number of fruit and handfuls of vegetables or salad that they have eaten at school that day (teacher to supervise).
- At the end of each week students add up and record the total number of fruits and total handfuls of vegetables or salad they have eaten.

What do you win?

This competition will be run in each year 5 class at your school. The class with the most number of vegetable and fruit per student over the 4 weeks will win a voucher to spend at the school tuck shop for a class picnic at lunch time!



Let us know your results!

At the end of the competition, please send a photo of your completed School Leaderboard to healthyeats@lifeeducation.org.au